

Leaky Gut Quiz!

Mark all that apply

Metabolic Disorders

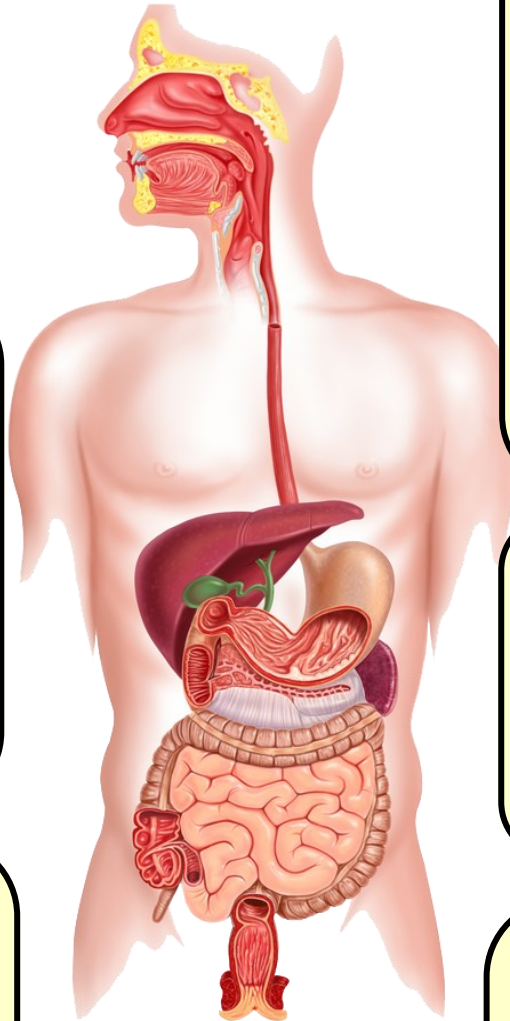
- Diabetes
- Obesity
- Difficulty losing/gaining weight
- Insulin Resistance

Symptoms in the Skin

- Acne
- Eczema
- Psoriasis
- Rashes
- Itchy Skin
- Hives
- Rosacea
- Age Spots

Symptoms in the Gut

- Constipation
- Diarrhea
- Excessive Gas/Gas Pains
- Irritable Bowel Syndrome
- Abdominal Bloating
- Undigested Food in the Stool
- Food Intolerances/Sensitivities
- Nausea
- Heartburn
- Indigestion
- Reflux
- Slow metabolism



Symptoms in the Brain

- Brain Fog
- Chronic Headaches
- Migraines
- Anxiety
- Depression
- Bipolar Disorder
- Autism
- Parkinson's Disease
- ADD/ADHD

Other Issues

- Joint Pain
- Muscle Pain and Weakness
- Seasonal Allergies
- Asthma
- Arthritis

Autoimmune Disorders

- Celiac Disease
- Lupus
- Type I Diabetes
- Crohn's Disease
- Colitis
- Hashimoto's Disease
- Chronic Fatigue Syndrome
- Fibromyalgia
- Candida Overgrowth
- Hypothyroidism
- Any other autoimmune disorder

If you marked 5 OR MORE symptoms, you may have an increased risk of having Leaky Gut Syndrome!